

Sutton Bonington

Normanton on Soar

Kingston on Soar

VILLAGE NEWS

May and June 2019

GARDEN WALKABOUT The dates for this year's *Walkabout* are Saturday 15th and Sunday 16th June. This will be the 37th year of this very popular and enjoyable event held in aid of Cancer Research UK. Would you like to open your garden this year? We would like to include gardens of all sizes and styles ranging from the formal to the highly informal such as wildlife-friendly areas. Both regular openers and first time participants are welcomed. Could you help with teas, cakes, plants, stalls etc. both beforehand and on the day? Please contact Rachel Blackshaw (01509 672144) or via the Sutton Bonington Garden Walkabout *Facebook* page.

SB FEST – 19th MAY The ever-popular *SB Fest* will be on Sunday 19th May between 2.00pm and 10.00pm! Sutton Bonington Campus will be hosting family-friendly outdoor activities such as inflatable games; interactive sessions in the Discovery Zone and live music featuring local talent throughout the event. There will be plenty of food and drink on offer at the *Beer Festival and Farmers' Market* stalls as well as candyfloss and popcorn! Bring your pooches to compete in the *Dog Show*, with categories including 'Best Costume', 'Best Trick' and 'Best in Show', with prizes up for grabs! Please e-mail Maria, stymis@nottingham.ac.uk in advance if you would like your dog to participate in the Dog Show. The annual SB Fest Concert starts at 6.00pm and features the SB Singers and SB Symphony Orchestra who will perform a range of film scores, musical medleys and orchestral classics. Tickets for the day are £5, including entry to the concert, and under-12s accompanied by an adult are free. All profits go to *LOROS*, a local hospice charity, and *Riding for the Disabled Association Wenlo Group*, who provide horse-riding lessons for disabled children and adults.

CHRISTIAN AID : AFTERNOON TEA : WEDNESDAY 1st MAY For our Christian Aid fundraising effort this year we have decided to hold a *Tea and Cakes Do* at Normanton on Soar Village Hall between 3.00pm and 5.00pm on Wednesday 1st May. There will also be a raffle, plant stall and a bookstall. If you'd like to donate cakes, raffle prizes, plants – or indeed your time – please have a word with Sue Archbold, or just turn up! This is our village's event for Christian Aid this year, so please come along and enjoy the social occasion. Children are also welcome and we will be providing things for them to do as well as using the play equipment on the field. So whatever you can or can't do please put the date in your diary and come along.

!!! PLEASE NOTE: DATE CHANGE FOR CHURCH FETE!!! Because of a clash of dates with SB Fest the Church Fete will now be held on **Sunday June 23rd**, starting at 2.30pm in the lovely grounds of The Hall by kind permission of Claire and Edward Elton. There will be the usual stalls, sideshows, live music and teas in the Orangery.

GALLOPING GOURMET The Sutton Bonington Galloping Gourmet will be held on Saturday 18th May with tickets now available from Sutton Bonington Post Office or Pasture Lane Stores *only* on a first-come, first-served basis. Whether you have galloped before or are a 'newbie' please come and join us and have some fun. The Galloping Gourmet is *the occasion* if you want a fantastic fun night out with food and wine and the opportunity to meet lots of people you may or may not have met before. Most importantly, it's in support of a truly worthwhile cause - Christian Aid. The evening starts with pre-dinner drinks at Sutton Bonington Hall, followed by a gallop or leisurely trot (whichever you prefer!) around the village and three courses in three different houses - one course in each - with new people each time. Finally, everyone finishes off the evening all together with coffee and a few more (other) drinks.

Tickets are £55.00 per couple. If you have any enquiries regarding galloping or hosting please contact Liz Budgen (07799 435 032) or Sarah Tremeer (07793 816 900) or e-mail: gallopinggourmet2018@gmail.com. We look forward to seeing you on 18th May!

SUTTON BONINGTON SHOW is on Sunday 1st September. Entertainment this year is *Digger Dance and Wild* in the Country Ferret racing display. The Horticultural Show and the Fur and Feather Show look forward to continued support and hope for a large number of entries. There will be many craft stalls and other interesting exhibits to be enjoyed. On Friday 30th August the Sutton Bonington Cricket Club will be hosting the Show Dance and tickets are £12.50 to include food and live music. Tickets are available from Patrick (07508 326009) or from Pasture Lane Stores.

SUTTON BONINGTON PRIMARY SCHOOL PTA is planning, during the summer term, a repaint of all outside school areas, including benches, fences and, hopefully, the mural. We would be keen to hear from anyone with left-over paint that they would be willing to donate, and anyone who would like to get involved. Please email melissa.j.wadams@gmail.com or post on the *Sutton Bonington PTA Facebook* page.

THE SUTTON BONINGTON MUSIC SOCIETY runs four ensembles; the SB Symphony Orchestra, SB Singers, SB Big Band and SB Folk Band, all on Sutton Bonington Campus. We are always looking for new members for our ensembles and we are particularly keen to get the community involved! Why not try something different this year and give one of the groups a try? We aim to accommodate all standards of playing and singing so do come and give it a go! Please contact Issy (svyicb@nottingham.ac.uk) for more details.

THE SUMMER HOLIDAY PLAYScheme will take place from Monday 29th July to Friday 9th August between 10.00am and 12 noon at Sutton Bonington Playing Fields.

SOAR VALLEY BUS: DAY TRIPS

DESTINATION	DATE	PRICE PER PERSON
Boston	Wednesday 8 th May	£12.00
Lichfield	Monday 20 th May	£6.00
Tissington Well Dressings	Monday 3 rd June	£6.00
Trentham Gardens	Monday 17 th June	£8.00
Newark	Wednesday 26 th June	£5.00
Stratford-upon-Avon	Monday 8 th July	£9.00
Bakewell Market or Chatsworth	Monday 22 nd July	£7.50
Chester	Wednesday 31 st July	£12.00
Wistow Garden Centre, Kibworth	Monday 5 th August	£5.00
Shrewsbury	Wednesday 21 st August	£12.00
Barnsley	Monday 2 nd September	£10.00

SEATS MUST BE BOOKED

To book a place please telephone 01509 672778
or visit
www.soarvalleybus.co.uk

SUTTON BONINGTON PRIMARY SCHOOL The year 4 children excelled on their bicycles during their *Bikeability* sessions and the trainers commented how safe and sensible they were. These sessions are important and teach the children the essential skills of being safe on their bicycles. We were lucky enough to host an excellent assembly led by local author, Rachael Greaves and her puppet pet 'Ruffle' who is the main character in the majority of her books. The children were able to purchase some of her books and she has promised to visit us again in the near future.

The Year 3 children were treated to a day of pizza making at Pizza Express in Loughborough. They had a wonderful time making Pizzas and were all seen bringing them back to school in the official Pizza Express box. On Friday 1st February, we hosted an Ethiopian visitor, Haile, who had travelled to the UK from Addis Ababa. His friend David, who is an ex-teacher and supports the charity Link Ethiopia, accompanied him. They led a series of workshops with each year group about life and customs in Ethiopia and then an assembly in which some parents attended. I am due to meet David in the forthcoming weeks to discuss the possibility of forging a link with a school in Ethiopia.

DOLPHIN MORRIS MEN - SUMMER SOLSTICE Celebrate the coming of the Summer Solstice by joining the Dolphin Morris and their friends at THE KING'S HEAD, SUTTON BONINGTON on THURSDAY 20th JUNE from 8.00pm. See the traditional dances of England performed in all their glory. A colourful night of spectacle is guaranteed. The Dolphin Morris would like to thank Caroline and Nigel of the King's Head for their support.

MRS SHEILA TURNER has died at the age of 99 years and 8 months. Sheila lived in the village until very recently. For many years she worked tirelessly for the church and other charities and her enthusiasm and gentle nature will be greatly missed.

ST MICHAEL'S CHURCH From April 14th Sunday morning services will be held at St Michael's church for the duration of the summer.

HORTICULTURAL SOCIETY VILLAGE SHOW ITEMS The subjects for the Produce Show photography classes (adults) will be *Sunset or Sunrise* (one photo) and *Garden Birds* (four photos on an A4 card). The children's photo will be *Wild Life*. The painting/drawing will be *Animals/Pets*. The subjects for the knitting classes will be *Child's Scarf* and *Premature Baby's Ventilator Hat*. Patterns are available from the Post Office or Dotty Howse. After the event these entries will be donated to charity. The two preserve classes will be *Raspberry Jam* and *Marmalade*. The Show Cake will be *Cherry Cake* as per the recipe in the schedule. Full schedules will be available in the Post Office and also delivered to every household with the July/August edition of Village News.

A CRAFT FAIR in aid of St Michael's, St Anne's and St James churches will be held in Sutton Bonington Village Hall on Saturday 1st June from 11.00am until 2.00pm. Admission £1 including a free raffle ticket (12s and under FREE). A wide range of locally made art and craft items will be available to buy or order. Refreshments will be available. For further details including enquiries regarding stalls, please contact Fran Dimelow (672188) or e-mail fmdimelow@btinternet.com

SOAR VALLEY U3A The next general meeting will be in Normanton-on-Soar Village Hall at 2.00pm on Tuesday 28th May when Kirsty Jackson from the Nottinghamshire Police will be talking about ***Keeping Safe Online***. With cyber-crime becoming increasingly widespread and older people, in particular, often targeted by fraudsters, online security has never been more important. And where better to get good advice on keeping safe than from the police? If you're retired or semi-retired you're welcome to join us. Refreshments provided. Soar Valley U3A (University of the Third Age) provides relaxed learning and leisure activities for retired people in the area. For more information, phone Membership Secretary Lorna Orton on 01332 811030 or visit our website -<http://u3asites.org.uk/soar-valley>.

NORMANTON ON SOAR MEN'S ASSOCIATION On Monday evening 20th May we'll be bowling at the Sutton Bonington Bowling Club on Landcroft Lane. And on Monday evening 24th June we will be hosting a gathering of ***Classic Cars*** at the Plough, Normanton-on-Soar. For more details about these events have a look at the village website, the Village News section of the Loughborough Echo, the association's Facebook page or contact John Herrington (646240).

QUIET SPACES AT ST JAMES : TAIZÉ SERVICE On Tuesday 30th April at 6.30pm a sleeping world emerges to new possibilities and new beginnings. As winter's icy grip becomes a memory please join us for a Celtic-inspired Taizé service, led by Terry Tyers, at the beautiful church of St. James, Normanton-on-Soar.

VIKINGS IN THE SOAR VALLEY An exhibition about the Danes and their presence and influence in the region is currently being held in the exhibition area of St James church. We are fortunate to have displays and other material from the Nottingham University Manuscripts and Special Collections Department to enable us to put on this exhibition which will be of interest to those who wish to have an insight into the history of the region and how the Vikings shaped the East Midlands. The exhibition is open from 10.00am to 4.00pm on Saturdays and Sundays and by arrangement during the week. ***Admission free.*** For more details contact Peter Tyers – 07516 440451 or petertyers@ivixor.net.

*Diplomacy is the art of letting someone else have your way
(diplomat Daniele Vare quoted in the I newspaper)*

SUTTON BONINGTON AND DISTRICT TENNIS CLUB's summer season is about to start with the first club team match on 3rd May. Well done to all those who came to the junior open day on 30th March. More than thirty juniors attended. The adult club plays on Tuesday evenings from 6.00pm and, if you're interested in getting involved, please contact Rod Roulstone (07785 263152).

NORMANTON ON SOAR WOMEN'S INSTITUTE meets on the first Tuesday of each month in Normanton Village Hall at 7.30pm. On 7th May, the speaker will be Chris Dimelow whose subject has the intriguing title of *A Packet of Crisps*. On 4th June, Julie Ede's talk will be about French singer, *Edith Piaf* and 2nd July will see Angela Dupont focusing on *My Life in Poultry*. Guests are very welcome and the cost is £5. Come along and enjoy a relaxed evening, meet new friends and leave the TV behind! And if you would like any more information about the WI's activities please contact Sue James (673460).

SUTTON BONINGTON LUNCH CLUB Don't forget that the Lunch Club meets on the second Thursday of each month in Sutton Bonington Village Hall. If you are a senior citizen who lives in Sutton Bonington, Normanton or any of the surrounding villages you are more than welcome. Lunch is served at 12 noon with tea and coffee available from 11.30. Ring Sue for more details (673460). The next two meetings will be on 9th May and 13th June.

Try this pudding recipe which was enjoyed by all.

Self-Saucing Chocolate Pudding.

100g butter, 250g SR flour, 140g caster sugar
50g cocoa, 1 teaspoonful of baking powder, 3 eggs, a pinch of salt
150ml milk, 100g milk chocolate broken into pieces
Butter pudding dish, oven to 180c. Boil kettle
Sauce- 200g muscovado sugar, 25g cocoa

Mix flour, sugar, 50g cocoa, baking powder, and salt in bowl.

Whisk eggs and melted butter and milk. Pour into dry ingredients and mix until smooth.

Stir in chocolate chunks and pour into oven proof pudding dish.

Mix 300ml boiling water with sugar and cocoa for sauce and pour over batter.

Bake in middle of oven for approximately thirty minutes or until top looks firm.

Sauce will now be on bottom.

Enjoy!!

I hate to spread rumours. But what else can you do with 'em?
(French singer Amanda Lear quoted in the LA Times)

SNOWDROP WALK There was an excellent turn-out at The Cedars Farm for the Snowdrop Walk, which was in aid of St James Church, specifically for a fund to enable us to provide an Accessible Toilet and Kitchen facilities. The weather was much kinder than last year, which attracted more people to admire the acres of snowdrops and aconites. A huge selection of cakes was provided, and this may have been as much an attraction as the snowdrops. The event raised the magnificent sum of over £2,200; and we are most grateful to Keith & Janet Bonser for opening their grounds and farmhouse; to all those who baked cakes and helped in the kitchen; to Mary Ashworth for making and donating snowdrop cards; and to all those who turned up on the day.

QUIET SPACES AT ST JAMES - A JULIAN GROUP: MEETING IN SILENCE WITH GOD The regular monthly *Julian Meetings* at St. James church, Normanton-on-Soar, encourage us in the practice of contemplative prayer. Julian of Norwich's writings help us to be still, silent and receptive in God's presence, trusting Him to make Himself known to us. After a brief introduction, our times together are based on the simple idea of spending at least half an hour in silence, waiting on God, and are open to anyone who would like to come. You can find more information on the website: www.thejulianmeetings.net or email sue.archbold@btinternet.com (842341) or carolymbrock@yahoo.co.uk. The next meetings are planned for 28th May and 25th June from 6:30 pm to 7:30 pm. All are welcome.

STROKE RESEARCH WORKSHOP This is an advance notice for stroke survivors and their families to let you know that a *Stroke Research Workshop* will be held on 23rd July at City Hospital, Nottingham, organised by The Nottingham Stroke Research Partnership Group. The workshop is being held for stroke survivors and their families to find out more about the stroke research taking place at the University of Nottingham. It will also be a fantastic opportunity for researchers to discuss the impact of their research with the people that matter most. This is a free event. Places must be booked in advance. To find out more contact Helen Taylor (0115 823 0246) or e-mail h.taylor@nottingham.ac.uk

CHARITY OF THE YEAR Each year St James church chooses a Charity of the Year to support, the candidates for which are suggested by members of the church and the village. This year we have decided to support the Shannon Trust which was nominated by Patrick Cole. For most of us reading is a skill we take for granted. For thousands of people in prison, reading a letter from home, a job application or a newspaper is impossible. *The Shannon Trust Reading Plan* changes this, giving adults in prison the chance to learn to read one-to-one with a peer mentor. The scheme operates in local prisons at Whatton, Lowdham Grange and Nottingham. Further information can be found on <https://www.shannontrust.org.uk>. We will be raising money during the year and a cheque will be presented at the carol service in December.

Why on earth don't people just accept that life's sad and cheer up? After all, it's not going to last forever (Jeremy Hardy quoted in the I newspaper)

SUTTON BONINGTON BAPTIST CHURCH

May 10th – 12th – our Rock Solid Group (11-14years) has its annual weekend away at Harby.

Sunday May 12th – Christian Aid Breakfast Event (Freshly brewed coffee, bacon rolls, croissants) at the Baptist Church from 8.30am to 10.00am followed by the Christian Aid Service at the Methodist Church at 10.30am. No morning service at the Baptist Church.

Please note that there will be no evening services on Sundays May 5th, 12th or 26th because they are bank holiday weekends. On May 12th as we are meeting for a joint Soar Valley Service at Kegworth Baptist Church.

Sunday June 2nd From 10.30am there will be a church family day at Normanton Village Hall. We will have a guest speaker - Mark Styants - together with a barbecue and various activities both inside and on the field.

Ascension Day Thy Kingdom come. On Thursday 30th May at 7.30pm) we will be holding a special prayer event as part of a global time of prayer between Ascension Day and Pentecost.

June 9th At 10.30am we will be celebrating Pentecost with something for all age groups. You are very welcome to join us.

SOAR BOATING CLUB BIRTHDAY SERVICE – SUNDAY 2nd JUNE Each year the Soar Boating Club holds a special service to celebrate the club's birthday and all are welcome to be there! This year it will be held on 2nd June at 11.00am and Normanton on Soar Village Choir will be leading the singing of the hymns as well as performing a special item for the occasion.

Members of the Boat Club often arrive at the church in their boats and, after the service, they invite members of the congregation to join them on those boats for a small trip followed by a return to the Boat Club for refreshments. It's always a lovely occasion, especially if the weather is fine, so please put this date in your diary!

OPEN ART STUDIO will be at 22A Main Street, Sutton Bonington on the bank holiday weekend of 25th, 26th and 27th May between 11.00am and 5.00pm each day, Refreshments will be available. Three artists will be exhibiting their work which will include paintings, drawings, prints, mixed media and ceramics. Everybody is welcome, it is an opportunity to meet the artists and discuss their practice and work.

This is part of *Open Studios Nottingham* which takes place during May and June in Nottingham city and the surrounding area where more than 250 artists exhibit in 64 venues. Brochures will be available in the Post Office and Normanton-on-Soar Community shop.

SUTTON BONINGTON PARISH COUNCIL has three allotments vacant. If you'd like to sign up for one please contact the Parish Clerk - clerk@suttonboningtonparishcouncil.org.uk. **Blocked drains** are again becoming a problem causing great inconvenience to residents. Please do not put wet wipes and so-called disposable nappies down the toilet. **Local elections** are due to take place on May 2nd. Assuming that elections are necessary, then please vote to ensure that you exercise your democratic rights.

SUTTON BONINGTON BOWLS CLUB is trying to recruit some new members for the coming season and you may have seen features in the Loughborough Echo recently. Despite all the publicity more new members are still required! Have no fear about getting involved with organising anything or raising money. **All we want is people to play bowls!** It's a simple game - but good fun – and it's got nothin' to do with age – any age can play. Husbands and wives could play in the same team. Why not give it a try? Now is a good time to start. The new season is fast approaching. The club has its Open Day on Sunday April 28th at 2.30pm. Just come along. There is outdoor seating and a licensed bar. Spectators are welcome. To find out more 'phone Rob Russell on 01509 674047. He looks forward to hearing from you.

ARE YOU OVER 65 AND INTERESTED IN THE EFFECT OF YOUR DIET ON HEALTH?

Then please help us! The Nottingham University Mineral Study Team wants to understand whether people aged 65 and over have adequate mineral intake and status. If you are **not** using mineral supplements and **not** undergoing treatment for a thyroid complaint you are eligible for our study. If you are willing to participate we will ask you to complete a seven-day food and drink diary and to provide morning and afternoon urine samples. If you feel you can help us, full details can be obtained by 'phoning Samantha Kearn on 0115 951 6123 or by e-mailing zeynep.vural@nottingham.ac.uk. We look forward to hearing from you!

QUIET DAY WITH REV. GLENN MARTIN On Thursday 27th June between 10.00am and 3.30pm Glenn has offered to hold a *Quiet Day* for us at The Convent, Costock. He will prepare the day along the lines of some silence, looking at a biblical passage and reflecting on it. There will also be the opportunity to walk round the grounds there And simple stillness. There will be no direct cost, but a donation to the Convent would be warmly received. Refreshments will be provided but we need to bring our own packed lunches. There is room for twenty people and, if you're interested, please give your name(s) to Jan Bonser (856544). There are only a few places left.

CONTRIBUTIONS FOR THE NEXT ISSUE please to Arnold Goodwin (674563) Christine Elliott (844045) or Geoff Parnell (672639) by Monday 3rd June. ***This will cover events for the months of July and August.*** Our e-mail address is villnews@yahoo.com.

CRICKET

As explained to foreign visitors

You have two sides out in the field – one in and one out

Each man that's in the side that's in goes out and when he's out he comes in and the next man goes in until he's out

When they're all out, the side that's out comes in and the side that's been in goes out and tries to get those coming in out

Sometimes you get men still in and not out

When both sides have been in and out, including the not-outs

THAT'S THE END OF THE GAME!

How on earth did it ever catch on?

CHURCH EVENTS

Regular weekday events in the churches (subject to variation at festivals). These are sponsored or organised by the churches mentioned but all are welcome to attend.

Monday

11.00am 1st Monday Holy Communion at Swan Court. (Methodist, but all welcome)

7.30pm Bell Ringing Practice – 1st, 3rd and 5th Mondays at St. Michael's
2nd and 4th Mondays at St. Winifred's

Tuesday

9.45am Mothers and Toddlers (Baptist)

7.00pm Choir Practice (St. Anne's)

7.45pm Rock Solid for school years 7-9 (Baptist)

Wednesday

9.30am Prayer Book Holy Communion St. Anne's

10.30am Coffee Break (alternate weeks – Baptist Church Lounge)

7.30pm International Student Bible Fellowship (Baptist)

8.00pm The Hub for school years 10-13 (Baptist)

Thursday

1.30pm (fortnightly) Mosaic group for international women (Baptist)

8.00pm Fellowship, Bible study and Prayer (Baptist)

Friday

9.30am Mothers & Toddlers (Baptist)

7.30pm United Choir (Methodist)

Saturday

6.00pm Holy Mass (Our Lady of the Angels)

SUNDAY SERVICES

Anglican

St Michael with St. Anne, Sutton Bonington

11.00am Morning Service in St Michael's
(Please see church noticeboards for variations)

St James', Normanton on Soar

9.30am Morning Prayer on First Sunday.
Holy Communion on second, third and fourth Sundays.

St Winifred's, Kingston on Soar

6.00pm Evening Prayer on 1st Sunday
10.30am *All Age* service followed by short communion 2nd Sunday
10.30am Morning Prayer 3rd Sunday
10.30am Holy Communion 4th Sunday
NB Please see Parish Lines for details of the Cluster Services held on the fifth Sunday

Methodist Church

10.30am Morning Service (Please see church notice board/Parish Lines for details of
parade services)

Minister : Rev. John Hartley (01332 405286)

Baptist Church

10.30am Morning Service with crèche, junior church and teenager groups

6.15pm Evening Service

Pastor: John Hebblethwaite (672889)

Website: sbbaptist.org.uk

Our Lady of the Angels Roman Catholic Church, East Leake

Priest: Father Michael Williams (01509 852147).

Visit our parish website on www.eastleakeandkeyworthrcp.co.uk

Saturday 6.00pm Holy Mass

Sunday 11.00am Holy Mass

Masses during the week are at different times. Please ring Father Williams for further information. Sacrament of Reconciliation – Saturday 11.15 – 12.00 or at any time by previous arrangement with the parish priest.